



PIEDMONT VIRGINIA
COMMUNITY COLLEGE

Opportunity. Access. Excellence.

MENTORING PROGRAM

Get matched with a PVCC staff or faculty member for the 2018-2019 academic year



What is a mentor?

A mentor can help you reach your goals and achieve success by providing clarity on class expectations, sharing problem-solving techniques and success tips, and providing personal insight and support. Mentors possess both knowledge and expertise about PVCC and beyond and can offer advice as you navigate your first year here at PVCC. Think of them as your personal partner for success!

What the Mentoring Program Provides:

- Professional Development Opportunities
- Personal Growth
- Resources & Information
- Advice on Life
- Compassion
- Academic Success Strategies
- Time Management Tips
- Writing Assistance
- Academic Planning Help

Now is the time to take charge of your education! Saying "yes" to a mentoring relationship is saying you are ready to make change in your life.

FROM THE STUDENTS

How did the program help you?

"I had my final today and it went better than I was expecting! It was nice to have someone to talk to and have someone check in on how my classes were going. Thank you so very much for that."

"The mentoring program at PVCC was fantastically run. My mentor was consistent and extremely helpful throughout my first year of classes. Overall, the program had a positive impact."

"Overall, the mentoring program was an awesome experience for me. Thanks to my great mentor, Sue, I was able to have someone to talk to throughout my first two semesters at PVCC. A brief overview of the experience involved me checking in every two weeks and talking with her for about 45 minutes. Conversations involved talks about life, school, work, etc. Sue was a great resource for me during my first two semesters. I honestly learned a lot from her. I think it's great that you guys have this program and that you guys match people with like majors. This way mentors can be much more helpful."

FROM THE MENTORS

What did you talk about with your mentees?

"We talked about time management and stress-reducing activities as she wraps up her first year of college. She has done a remarkable job of taking advantage of resources to make the best of her academic experience."

"We discussed all sorts of things from how her classes are going to summer plans to goals for next year and eventually graduation and transfer."

"As a former transfer student, I gave her some advice about the transfer process, finding housing, and making friends."

"We had lunch yesterday and discussed clubs that she could join, how many classes to take next semester, the difference between an associate degree and a bachelor's degree, how to get a driver's license, and an upcoming weekend art workshop at PVCC."

"We discussed and made a positive affirmation sheet for her goals. We went to the Testing Center so that she would know where it was located and discussed some calming techniques because she was feeling overwhelmed."

PVCC Student Success Office

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www.pvcc.edu/studentssuccess